Please Print or Type



Center of Revitalizing Psychiatry, P.C.

2033 Wood St. Suite #220 & #215, Sarasota, FL 34237 Phone: (941) 677-3366 Fax: (941)) 677-3367

signatures checked PATIENT INFORMATION Last Name:____ Middle Name:_____ Suffix: JR SR III IV or _____ Nickname:______ Date of Birth:___/__ / Marital Status: □ Divorced □ Married □ Separated □ Single □ Widowed **Gender:** □ Male □ Female SSN:___-_ Spouse Name and Contact#: City:_____ State:____ Zip:____ Street Address:_____ Mobile#:(______-Email*:_____ Home#: (____)__-Work#:(_____-Other#:(______-REFERRAL INFORMATION Source of referral: □ Internet □ Insurance Plan □ Friend □ Psychotherapist □ M.D. Other (specify) Referred phone#:_____ If MD, specify:_____ PCP phone#:_____ Primary Care Physician:_____ PATIENT STUDENT / EMPLOYMENT DETAILS Student Status: ☐ Full-time ☐ Part-time ☐ Not a student School/College Name: Occupation: Employment Status: □ Full-time □ Part-time □ Not Employed □ Self Employed □ On active military duty □ Unknown Employer Work#: (______-Employer Name: _____ Employer Address: City, State and Zip: **EMERGENCY CONTACT** Contact Name: ______ Relationship:_____ Phone#: (______-___ Mobile#:(______-__ PREFERRED LAB AND PHARMACY □ Quest Diagnostics □ Labcorp □ Other:_____ Lab: Local Pharmacy:

Costco CVS Publix Sam's Club Target Walgreens WinnDixie Other: Pharmacy Store#, Address or phone#: Mail Order Pharmacy: □ CVS Caremark □ Express Scripts □ OptumRx □ PrimeMail □ Other:_____

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INSURANCE / FINANCIAL RESPONSIBILITY

Primary Payer: ☐ Self pay ☐ Aetna ☐ BCBS☐ United Healthcare/UBH	☐ Cigna ☐ Golden Rule ☐ Mage☐ ValueOptions ☐ Other:	
Insurance ID#:	Group#	COPAY (if known):
Subscriber's Full Name:		
Subscriber's Birthdate:	Subscriber's SS#:	
		□ BCBS □ Cigna □ Golden Rule □ Magellan ValueOptions □ Other:
Insurance ID#:	Group#	COPAY (if known):
INSURAN	ICE & MEDICARE ASSIGNMEI	NT AND SELF PAY
AGI	REEMENT AUTHORIZATION	TO RELEASE
applicable, listed above. I assign directly to C to me for services rendered. I understand I a covered charges, and any and all balances no my insurance or other third party payer. I aurauthorized Medicare benefits and, if applicab services furnished to me by that provider. If Self Pay, I understand it is my responsibility I understand and agree that Center of Revital	enter of Revitalizing Psychiatry, P.C m financially responsible for deduct t covered under a contractual agre thorize the use of my signature for ole, Medigap benefits, be made on to pay for services rendered at tim lizing Psychiatry may use my health	applicable; and the secondary insurance payer, if C. all insurance payments, if any, otherwise payable ctible, co-payments, co-insurance amounts, non-ement between Center of Revitalizing Psychiatry and all insurance submissions. I request that payment of my behalf to Center of Revitalizing Psychiatry for any one of visit.
payable for related services. I understand the such authorization and provide this to Center		m my insurance plan, it is my responsibility to obtain
Signature of Patient, Parent or Personal Rep	resentative:	
Print name of Patient, Parent or Personal Re	presentative:	
Relationship of Patient: Self Parent	POA/Caregiver Date:	
FOR PA	ATIENTS ENTITLED TO MEDIC	CARE BENEFITS
holder of medical or other information about Administration or its intermediaries or carrier	me to release to the Social Securit rs for information needed for this c gn the benefits payable of physicia	or a related Medicare claim. I request the payment of an services to the physician or organization furnishing
Signature	Date	

Please Print or Type



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PATIENT CONSENT FOR RELEASE OF INFORMATION

Name	Date of Birth	
I allow Center of Revitalizing Psychiatry to release the following	ng information to the name/names I have provided:	
Appointment information:		
Medical information:		
Billing Information:		
I DO NOT allow Center of Revitalizing Psychiatry to release andYes	ly information to anyone at this time. (Check yes if this a	appli es)
Patient Signature	Date	

I authorize the Center of Revitalizing Psychiatry to make the d medications prescribed to my primary care physician:	disclosure of the following information: dates of service	, dia gnosis,
Physician name:		
Phone No:		
Patient Signature	Date	
Should it be necessary for the practitioners at Center of regarding my care, I give permission for such.	Revitalizing Psychiatry, P.C. to consult with one an	other
Patient Signature	Date	

This authorization is prepared pursuant to the requirements of the Health Insurance Portability and Accountability Act of 1966 (P.L. 104-191), 42 U.S.C. Section 132d, et Seq., and regulation promulgated there under, as amended from time to time (collectively referred to as HIPAA"). This authorization affects your rights in the privacy of your personal behavioral health information. Please read it carefully before signing.

I understand that the information in my health record may include information relating to sexually transmitted disease acquired immunodeficiency syndrome (AIDS), or human immunodeficiency virus (HIV). It may also include information about behavioral or mental health services, and treatment for alcohol and drug abuse.

Center of Revitalizing Psychiatry, P.C. will not condition treatment on your providing authorization for the requested use or disclosure. You may refuse to sign this authorization. You have the right to revoke this authorization, in writing, at any time, except to the extent that Center of Revitalizing Psychiatry, P.C. has taken action in reliance on it.

By signing this authorization I acknowledge and agree that any information used or disclosed pursuant could be at risk of re-disclosure by the recipient and no longer protected under HIPAA. This authorization will expire on ______ (date). If I fail to specify expiration date this authorization will expire one year from the date on which it was signed.

This information has been disclosed to you from record protected by 42 CR Part 2. The Federal Rules prohibit you from making any further disclosure unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 CFT Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose.

New Patient Information Form Please Print or Type



Center of Revitalizing Psychiatry, P.C. 2033 Wood St. Suite #220 & #215, Sarasota, FL 34237

Phone: (941) 677-3366 Fax: (941)) 677-3367

Medical / Psychiatric care and treatment at Center of Revitalizing Psychiatry, P.C. may be provided by Physicians, Advanced Registered Nurse Practitioners (ARNP), Licensed Clinical Social Workers (LCSW), Licensed Mental Health Counselors (LMHC), or other State of Florida recognized behavioral health practitioners. I hereby authorize Center of Revitalizing Psychiatry, P.C. to evaluate, diagnose, and render appropriate treatment to the patient designated below. This consent is knowingly and freely given. To the extent permitted by law, I authorize any holder of medical or other information about me to release to the Center of Medicare and Medicaid services, my Medigap insurer, or my private health insurance company and their agents any information needed to determine these benefits for related services.

I hereby give my consent for **Center of Revitalizing Psychiatry, P.C. and their Business Associate's** (such as, but not limited to, medical billing company, EHR vendor, collection agency, automated appointment reminder vendor, dictation service, and electronic prescription vendor) to use and disclose **protected health information** (**PHI**) about me to carry out treatment, payment and **health care operations** (**HCO**). You can ask for a copy of the Notice of Privacy Practices provided by **Center of Revitalizing Psychiatry, P.C.** which describes such uses and disclosure in detail.

I have the right to review the Notice of Privacy Practices prior to signing this consent. **Center of Revitalizing Psychiatry, P.C.** reserves the right to revise its Notice of Privacy Practices at any time. A revised Notice of Privacy Practices may be obtained by forwarding a written request to **Privacy Officer at 2033 Wood Street, Ste 220, Sarasota, FL 34237.** You can also pick up a copy in our office. With this consent, **Center of Revitalizing Psychiatry, P.C** may communicate to me in reference to any items that assist the practice in carrying out HCO, such as, but not limited to, appointment reminders, billing statements, insurance issues and any messages pertaining to my clinical care, including laboratory test results, among others by use of phone calls to my home, mobile or other alternative location and speak or leave a message; SMS/Text message, Email, and/or postal delivery.

It is further understood that all information given by the patient or family member to a treating clinician is *confidential* and will not be released, except under special circumstances, without patient consent or consent of legal guardian. The following is a list of exceptions to the law: disclosure of child abuse, disclosure of your intention to harm another person, your inability or refusal to keep yourself from self-harm, and disclosure of abuse to vulnerable adults. You can authorize us to release information relating to your treatment to another person, provider or company by signing a Release of Information (ROI) form provided by our office.

A client may be terminated from **Center of Revitalizing Psychiatry**, **P.C.** non-voluntarily, if the client exhibits physical violence, verbal abuse, carries weapons, or engages in illegal acts at **Center of Revitalizing Psychiatry**, **P.C.** and/or the client refuses to comply with treatment recommendations, or does not make a payment or payment arrangements in a timely manner. The client may appeal this decision with **Center of Revitalizing Psychiatry**, **P.C.** or request to re-apply for services at a later date.

By signing this form, I am consenting to allow Center of Revitalizing Psychiatry, P.C. to use and disclose my PHI to carry out HCO. I may revoke my consent in writing except to the extent that the practice has already made disclosures in reliance upon my prior consent. If I do not sign this consent, or later revoke it, Center of Revitalizing Psychiatry, P.C may decline to provide treatment to me.

I understand and agree with all the preceding information unless otherwise indicated in writing. I agree and accept the terms of all these documents. Copies of these documents are available at your request in our office or by downloading from our website, www.revitalizingpsychiatry.com.

x		
Signature of Patient, Parent, Guardian or Personal Representative	Date	
Print name of Patient, Parent, Guardian or Personal Representative		

0

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Center of Revitalizing Psychiatry, P.C.

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UNIFORM OFFICE POLICY INFORMATION

- Appointments are to be made and kept in a timely manner, the patient is responsible to keep track of his/her scheduled appointments:
 - If you can not keep your scheduled appointment, please give the office at least 48 hours notice (this
 includes weekends and holidays) for therapy and medication management appointments to avoid a
 cancellation fee.
 - Please call to confirm ALL scheduled appointments
 - If you fail to keep your scheduled appointment or if you are late to your scheduled appointment, you will be charged a no show fee.
 - If you no show 2 appointments in a row or cancel 3 appointments late you will be discharged from our office.
- Please be advised that all deductible, coinsurance, and co-payment fees are expected to be paid before your visit.
 - Please contact your insurance company to verify your outpatient mental health benefits and facility mental health benefits. The information we obtain on your behalf is not guaranteed to be accurate by your insurance company.
 - o For all payments, we accept Visa, Master Card, Discover or Cash; we do not accept personal checks.
 - o If the outstanding balance is not paid in 30 days from your first statement date, you will be charged a \$25 late fee and the outstanding amount will be submitted to a collections agency for collection.
- Please do not use cell phones in our office; it interferes with our work and patient privacy.
- In certain circumstances, phone conversations may be necessary with your clinician between appointments, there may be a fee for this service.
- Forms and letters furnished on your behalf may have fees associated with them.
- If you miss/reschedule your appointment or lose your prescription, there will be a \$25.00 refill fee and we will only fill the prescription until your next appointment.
- It is the **patient's responsibility** to notify our office of changes to your insurance coverage. Please make sure that we always have your **up-to-date insurance card** to file the claims to the correct company.
 - I understand that if my insurance does not pay for my visit, I agree to take responsibility for it and pay the Center of Revitalizing Psychiatry directly.

have read and understand the information listed above and agree to comply with its contents.	I accept financial responsibility for
serviced rendered.	

Signature	Date

Please Print or Type



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CENTER OF REVITALIZING PSYCHIATRY CREDIT CARD POLICY

Your signature at the end of this document will indicate that you have read, understand, and agree to the policies outlined below.

As of September 1, 2014, the Center of Revitalizing Psychiatry requires a valid credit card be kept on file.

This policy is designed to:

- Help you avoid all billing related fees
- Streamline the billing process in our office and eliminate the expenses related to handling overdue accounts.
- Focus our time and energy on your medical care.

How the policy works:

- 1. At the time of registration or check-in, you will be asked for your credit card to be electronically stored in our password protected software.
- 2. As before, we will bill your insurance carrier as a courtesy for all charges related to your visit.
- 3. When we receive an explanation of benefits (EOB) from your insurance we will contact you via phone if you have a balance 3 days prior to your card being charged.

You are responsible to update our office if your phone number changes. If we cannot reach you or if your phone number is disconnected we will bill your credit card for your balance.

- 4. If you fail to keep an appointment or cancel an appointment late, we will bill your credit card the same day as the missed appointment.
- 5. If your appointment is at a time where our receptionists are not in the office to collect your payment, we will charge this card on file.
- 6. If we attempt to use your card and it is declined or has expired we will contact you and you will be responsible for updating our records with a new credit card and for the balance on your account.

Please remember that this policy does not restrict your right to appeal any charge made to your credit card. Should you feel that we have charged your card in error, you may contact our billing office. If a mistake has been made we will reverse the charges. I have reviewed a copy of the Center of Revitalizing Psychiatry's billing policy and agree to provide my credit card information to the Center of Revitalizing Psychiatry for the sole purpose of payment for my medical care. Your signature will authorize the card to be used only when a balance becomes due.

This is not a receipt. This is a contract agreeing to pay for services once patient liability has been determined. The terms of this contract are outlined below.

I agree to allow the practice to charge my credit card during the effective period for the balance due, as determined by the final adjudication of all claims included under this contract. I agree to the final adjudication amount as defined by my insurance company, with exceptions as noted below. I also agree to allow the practice to charge my credit card for missed appointments and late cancellations, as per the practice policies. I agree to these charges under the following conditions:

- The charges will take place upon receipt, or within a few days, of the final explanation of benefits from my insurance company.
- The amount charged to my card will not exceed \$1,000
- I will receive a bill for any balance greater than \$1,000 for which I will send prompt payment to the office.
- I will receive a receipt for any amount charged to my card once the transaction has been executed.
- I may cancel this agreement at any time by contacting the practice

Patient Name:		
Name as it appears on your credit card	Card Type	Last 4 digits of card
Your signature below will indicate	e that you have read, understo	and, and agree to the policies outlined above.
Cardholder/Guarantor Signature:		Date:
		to the card issuer agreement.

Please Print or Type



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POLICY FOR PATIENTS WITH OUTSTANDING BALANCES

Center of Revitalizing Psychiatry strives to maintain your mental health in stable condition regardless of your financial situation.

Therefore, in order for us to help you, we need you to understand our policy regarding patients' past due balances. Please read the following and feel free to ask any questions before signing this addendum.

If you have any past due balance and would like to schedule your next appointment, please note:

- 1. In order to continue to be treated in our Center, the patient must either pay the outstanding balance or establish a payment plan with the office manager and initiate a first payment.
- 2. We will not be able to schedule any appointments until the patient does so.
- 3. However, to prevent any interruption of medication management, we will schedule the patient's next appointment with the medical provider. If the patient fails to start paying the balance before the scheduled appointment, the doctor will meet with him/her and provide him/her with no more than a 30-day prescription, and refer the patient outside of our Center.
- 4. A late fee of \$25 will be applied to any balance that is 30 days past due.
- 5. When any balance is 90 days past due with out a payment arrangement, the Center reserves the right to send the case to a collection agency.

Our office staff is fully committed to working with our clients who may fall into financial hardship at times, and will diligently work to maintain the doctor – patient relationship and continuity of care.

When your balance is kept up to date, it allows us to continue to provide services that you and others need, and for that, we are very grateful.

I have read	and agree with this policy:
Signature: _	Date:
Name (plea	se print):
	APPOINTMENT REMINDERS
	esy, we can send you appointment reminders via email, phone, or text message. Please choose ONE option below and e number or email:
_ '	oice Call to: (check ONE) - Home - Mobile - Work - Other/
□ :	MS/Text to Mobile/Cell/
You agree a information	imail
Signature	Date:

Please Print or Type



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AGREEMENT FOR CONTROLLED PRESCRIPTION MEDICATION MAINTENANCE

The purpose of this agreement is to give you information about the medication you may be prescribed to assure that you and your physician comply with all state and federal regulations concerning the prescribing of controlled substances. The physician's role is for you to have the best quality of life possible given the nature of your condition. The success of treatment depends on mutual trust and honesty in the physician/patient relationship and full agreement and understanding of the risks and benefits of using these medications.

	h	onesty in the physician/patient relationship and full agreement and understanding of the risks and benefits of using these medications.
1.	Υοι	u should use only (1) physician to prescribe and monitor all opioid, sedative, and hypnotics.
2.	Υοι	u should use only one (1) pharmacy to obtain any of the above-mentioned medications.
Pha	rma	acy: Phone:
3.		You should inform your physician of all medications that you are taking since some can interact with other prescribed
med	dica	tions or over the counter medications.
4.		You will need to be seen on a regular basis and prescriptions will be given to last from appointment to appointment.
5.		Prescriptions will only be given during an office visit or during regular office hours. There will be no refills given during
the	eve	ning or on weekends.
6.		The patient will keep an open mind and be willing to work with the provider including:
	a.	Negotiate with the provider to arrive at an acceptable plan of treatment.
	b.	Be open to trying alternative treatment strategies.
	c.	Follow the treatment provider's instructions precisely.
7.		You will be responsible for keeping your medications in a safe and secure place. You are expected to protect your
		tion from loss or theft. Stolen medications should be reported to the police and to your physician immediately! If your
med	dica	tions are lost, misplaced or stolen, your physician may choose to not replace the medication.
8.		You may not give or sell your medications to any other person under any circumstances. If you do, you may endanger
that	: pe	rson's health. It is also against the law.
9.		Any evidence or drug hoarding, acquisition or any other medications in the same category as the medications that you
	•	scribed (which includes emergency rooms and hospitals and walk in clinics), and uncontrolled drug escalation, loss of
pre	scrip	otions or failure to follow the agreement may result in termination of the provider/patient relationship.
10.		You should not use any illicit substances, such as cocaine, marijuana, etc. while taking these medications. This may result
		inge to your treatment plan, including safe discontinuation of your medication where applicable or complete termination
or p	rov	ider/patient relationship.
11.		The use of alcohol is contraindicated with many controlled medications.
12.		You may be advised not to drive any type of automobile, vehicle, machinery or any potentially hazardous device while
taki	ng r	narcotics, hypnotics or sedatives. The use of these medications can decrease mental function.
13.		You agree and understand that your provider reserves the right to perform random and unannounced urine drug
	_	If requested to give a urine sample, you agree to cooperate. If you decide not to comply, your treatment plan may
	_	, including safe discontinuation of your medication and/or termination of the provider/patient relationship. The presence
of n	on-	prescription drug(s) or illicit drug(s) can be grounds for termination of the provider/patient relationship. Urine drug

14. You agree to allow your provider to contact any health care professional, family member, pharmacy, legal or regulatory agency to obtain or provide information about your care or actions, if the provider feels that it is necessary.

testing is done for your benefit as a diagnostic tool and in accordance with state legal and regulatory materials on the use of

15. If you miss or cancel your medication refill appointment, then you will be unable to get your refills in a timely manner and you may run out. Please avoid this situation as it could cause you to run out of your medications. It is your responsibility to know when your appointment is and to keep it. The reminder calls are only courtesy reminders.

I have read, understand, and	d agree with the above contract.
X_	
Signature of Patient, Parent, Guardian or Personal Representative	Date

controlled substances.

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HEALTH SCREENING INFORMATION

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The following information	on is provided by: 🗆 🛭	Patient □ Pa	rent 🗆 Family n	nember 🗆 Other:		
1. Chief Complaint: Wha	nt is the reason for yo	our visit?				
□ Addiction □ Depression □ ADHD □ Energy level of □ Anger/Temper □ Grief □ Anxiety □ Guilt □ Concentration is poor □ Confusion □ Other, please explain:		level decreased		□ Mania□ Medication Effects□ Memory problem□ Obsession□ Panic Attacks	 □ Paranoia □ Phobia □ Self-injury □ Suicidal Thoughts □ Tearfulness □ Worthlessness 	
2. Psychiatric History: Have you ever been treat If YES, then answer the Ti				xt question on Stressors	5.	
INPATIENT TREATMENT H	HISTORY IN HOSPITAL	or PARTIAL HO	OSPITALIZATION:			
Facility Name		Dates of Treatment		Reason or Explanation of this treatment		
OUTPATIENT TREATMEN	T HISTORY:					
Psychiatrist / ARNP Other Mental Health	·=·	Dates of	Treatment	Reason or Expla	anation of this treatment	
STRESSORS:						
□ Disability	□ Financia	l Problems	□ Peei	r/ Friendship	☐ Support System	
☐ Education Problems	□ Health P	roblems			□ Work Issues	
□ Family	□ Housing	Problems				
□ Other:	□ Marriago	□ Marriage				

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If YES, then complete the	e Treatment Hist	ory table be	low. If NO, contin	ue to next question.		
INPATIENT SUBSTANCE A	ABUSE TREATME	NT HISTORY				
Facility Na	ame	Da	ites of Treatment	Reason	or Explanation of this	treatment
Complete the table below	w regarding the	following su	ostances:	,		
Substance	Have you ever tried before?	Age Started	Last used on this approx.	Frequency of use	Lost Control?	Comments
Alcohol	□ Yes □ No					
Caffeine (coffee,tea,cola's)	□ Yes □ No					
Cigarettes, cigars or tobacco	□ Yes □ No					
Cocaine	□ Yes □ No					
Hallucinogens (LCD, mushrooms, Mescaline)	□ Yes □ No					
Heroin	□ Yes □ No					
IV Drug use	□ Yes □ No					
Marijuana	□ Yes □ No					
Pain Pills	□ Yes □ No					
Other:	□ Yes □ No					
Symptom	Have you experienced?	ng withdraw	al symptoms and	on what substance(s)? What Substance	e(s)?	
,	□ Yes □ No					
tremens)	□ Yes □ No					
	□ Yes □ No					
· ·	□ Yes □ No	1				
	□ Yes □ No	1				
•	□ Yes □ No					
Other:	□ Yes □ No					
SMOKING STATUS:						
□ Current every day smo	ker	□ Forme	r smoker	□ Never smoker	□ Unknown curre	ent smoker
☐ Current some day smoker		□ Currer	□ Current smoker		☐ Unknown if ever smoked	

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4. Medical History:

Please check beside any i	llness you have no	w or have ha	d in the pa	st.	
 □ Arthritis □ Blood Disorders □ Bowel Problems □ Cancer □ Chest Pain □ Other, please explain:_ 	□ Blood Disorders □ Diabetes □ Liv □ Bowel Problems □ Glaucoma/Vision Problems □ Lu □ Cancer □ Heart Attack □ Mi □ Chest Pain □ Hepatitis □ Se		High Blood Pressure		
SURGICAL PROCEDURES:					
Type of Procedure				Date Occ	urred
CEDIOLIC INILIDIES OD AC	CIDENTS.				
SERIOUS INJURIES OR AC	e of Injury/Accider	·+		Date Occ	urrad
Турс	or injury/Acciden			Dute out	uireu
ALLERGIES:					
Food	/ Medication Alle	gy	Type of Reaction		
CURRENT MEDICATIONS:					
Current Medica		Dose		Frequency	Last dose taken
				. ,	
physician? YES NO If YES, please explain:			-	medication without the recommend	dation of your treating
FOR WOMEN ONLY: Date of last menstrual pe Are you currently pregna Are you planning to get p Birth control method:	nt or do you think	you might be			

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5. Family History

Has anyone in your family ever been treated for any of the following? (please check all that apply and when appropriate indicate paternal or maternal.

Illness	Father	Mother	Aunt	Uncle	Brother	Sister	Children	Grandparent
ADHD								
Alzheimer's Disease								
Anxiety / Panic Attacks								
Bipolar Disorder								
Depression								
Heart Disease								
Schizophrenia								
Seizures								
Stroke								
Substance Abuse								
Suicide Attempts								

NUTRITIONAL ASSESSMENT:						
Height:	Current Weight:					
Without wanting to, have you lost / ga	nined more than 10 pounds with	in the last 6 months? \Box YES \Box I	NO			
If YES, Amount Weight Lost:	Amount Weight Gained:					
Sleep Patterns: Hours each night:	Awakens Frequently	☐ Difficulty returning to sleep	☐ Difficulty falling asleep			
FUNCTIONAL ASSESSMENT:						
Have you experienced a recent loss of	independence in caring for your	rself? 🗆 YES 🗆 No				
If YES, please explain:						
Comments—In your own words, pleas	e describe why you have sought	services with us?				
Any other additional information you	care to share with us?					

>>>Please bring this completed new patient paperwork with you at your first appointment or fax/send to us before your first appointment. Also, remember to bring your photo ID and insurance cards, if applicable. Thank you.